

Beavercreek Senior Center *Center and program fun facts*

The Center recently celebrated our fourth year in the Charles and Anna Mae Adult Enrichment and Cultural Arts Center. The Center is on pace to receive over 61,000 visits this year. In addition, there have been new classes and programs added this fall, including computer classes, exercise with Brian, Mahjong and chair volleyball.

The Center also has many upcoming special events like a Halloween Party, Defensive Driving Course, "HUGS" Project for our troops, trips for holiday shows and luncheons, and much more. For more information on these and other programs, contact the Center at 426-6166.

We have many ongoing daily, weekly and monthly programs here at the Center. The Red Hat Ladies and The Red Shirt Guys both meet the 2nd Monday of the month, Ladies for lunch and Gentlemen for a breakfast!

If you are a mover and shaker, we have a variety of exercise classes on tape and with a live instructor for yoga, line dancing, chair volleyball, and Wii bowling. If you enjoy a good game of cards, we offer bid and regular euchre and bridge. If other games are your thing, we have bingo, dominos, mahjong, pool, ping pong, corn hole, and cards and game night.

Educational and recreational classes such as art, computer, and knitting classes, discussion group, book club, and thriving with diabetes are available. The Center also offers health and hearing checks through local sponsors. Other leisurely activities include monthly movie, The Beavercreek Strummers, and lunch program two days a week.

As always, we have to mention our volunteers that we could not run the transportation or the Center without! These folks give so much of their time and compassion to our folks and we thank them! If you have the time and want to help others we may have a volunteer position for you!

We are located in The Lofino Center, 3868, Dayton Xenia Road. If you have not been by to visit us yet, please feel free to drop by and check us out.

Support Programs and Services for Seniors *[continued from page 1...]*

In addition to the financial support we receive from the Council on Aging, they also provide staff professionals at the Center. One program is designed to serve and support those who are taking care of loved ones which require so much of their time as well as the physical and mental demands of such care. Their staff recognizes the needs of these folks and offers a Caregiver Group that meets twice a month at the Center.

The Council also provides a Care Coordinator at the Center to provide assistance to all our seniors in a variety of needs such as filling out Medicare D, insurance and other forms which are often very confusing and not user friendly to seniors. The Council's Partners In Care Program is open to any senior 60 years plus who may need some type of service to maintain their independence in their own or family member's home.

They also provide services such as emergency response systems, home delivered meals, adult day care, reviewing prescription costs, and personal care and homemaker needs. The GCCOA is a clearinghouse for specialized information and professional assistance for older adults and their families. You do not have to be a member or attend the Center to utilize their services; you may simply contact them at 937-376-5486.



Holiday Open House Kickoff

Come join the festivities to kick off the holiday season on Wednesday, November 11 at 6:30 p.m. at Rotary Park's shelter, sponsored by the Retail Merchants of the Beavercreek Chamber of Commerce. This free event is brought to the community by your local merchants as a thank-you for your support of their Beavercreek businesses and marks the beginning of three days of open houses, special activities, sales and prizes at various area merchants.

The Piano Preparatory School will once again provide entertainment. Sing carols and enjoy the music along with your friends and neighbors, visit Santa, and enjoy refreshments around the warmth of a bonfire! There will be a craft area for children as well.

In conjunction with the open houses, the merchants are hosting a "Basic Necessities" drive to benefit the United Way of Greene County. Please help them collect shelter items by donating blankets, sheets, coats, hats, mittens, etc. For more information and participating merchant drop-off locations, call the Chamber at 426-2202 or visit www.buybeavercreek.org

Music Programs

All classes held at Piano Preparatory Academy; 3860 Dayton-Xenia Rd.

SESSION INFORMATION

Classes meet for 30-minutes once a week. Each session runs for six weeks total. As class sizes are limited, please register early to guarantee your placement.

Fall Session II:October 26 – December 11
 (Note: There are no classes the week of November 23 – 28)

Home School Programs

The Piano Prep School offers music enrichment opportunities designed with home-schooled families in mind. Shorter session lengths, earlier class times and discounted pricing make our home-school programs practical and affordable.

Our core class, *Pathways to Listening*, covers music fundamentals, composer biographies and listening excerpts – introducing students to a variety of musical styles and terminology. *Instrumental classes* provide an exciting introduction to each instrument in a fun and social setting. Upon completion, students may continue with the next session or transition into private study.

COURSE DESCRIPTIONS

Pathways to Listening I and II – \$50, includes all materials

Students will explore music fundamentals (rhythm, pattern recognition, music terminology) in the context of listening to a wide range of musical styles. Composer biographies and historical periods are discussed with each excerpt, in styles ranging from classical, blues and jazz, to folk music from around the world.

Pathways I is appropriate for students in Grades 2 – 5 who have not yet started music instruction or have studied up to three years of an instrument. Pathways II is most appropriate for Grades 5 – 9 or students who have studied for three or more years of an instrument. Advanced classes in music theory and history are also available. Please contact that school for more information.

Piano and Voice Classes – \$45, includes all materials

Voice Class covers singing fundamentals for students who have an interest in singing either solo or in a group setting. Classes focus on basics including breathing, tone production and matching pitch. Piano Class (grades 2 – 5), provides an introduction to the piano and note-reading for students who have not had previous instruction.

Pathways I	Pathways II	Piano Class	Voice Class
Mondays 1:00 – 1:30 p.m. or Wednesdays 1:00 – 1:30 p.m.	Mondays 1:30 – 2:00 p.m. or Wednesdays 1:30 – 2:00 p.m.	Grades 2 – 5 Fridays 1:30 – 2:00 p.m.	Grades 4 – 6 Mondays 2:00 – 2:30 p.m. or Tuesdays 1:30 – 2:00 p.m.
			Grades 7 – 12 Mondays 2:30 – 3:00 p.m. or Tuesdays 2:00 – 2:30 p.m.

Classes for Pre-Schoolers

Offered by *Shannah Tibbs*

Itsy Bitsy Danz

Age range: 18 – 24 month olds

This parent and tot class offers many opportunities for you and your child to sing, dance and play together. Activities include singing and easy-to-learn movements, group activities, musical instrument play, fun circle time and easy crafts. Class is held at CI Beaver Hall on Tuesdays. *Fee is \$45*

Fall Session II / 1:00 – 1:45 p.m.

October.....27
 November3, 10, 17, 24

Winter Session I / 10:00 – 10:45 a.m.

January5, 12, 19, 26
 February.....2

Winter Session II / 1:00 – 1:45 p.m.

February.....16, 23
 March.....2, 9, 16

Kidz Paint, Paste and Play

Age range: 2 – 5 year olds

This parent and tot class is designed for those energetic and busy 2 to 5 year olds.

Fun play time with group activities, singing, animation, painting, pasting, and creating; please bring an old T-shirt or apron. Class is held at CI Beaver Hall on Tuesdays. *Fee is \$45*

Fall Session II / 2:00 – 2:45 p.m.

October.....27
 November3, 10, 17, 24

Winter Session I / 11:00 – 11:45 a.m.

January5, 12, 19, 26
 February.....2

Winter Session II / 2:00 – 2:45 p.m.

February.....16, 23
 March.....2, 9, 16

Adult Group Piano & Voice

October 26 – December 11

(Note: no classes week of Nov. 23 – 28)

All classes meet at Piano Preparatory Academy, 3860 Dayton-Xenia Rd. **Fee is \$45**, which includes all materials.

Group Piano is a relaxed introduction to the piano, designed for adults who have never played piano or adults revisiting piano.

Group Voice introduces singing fundamentals such as breathing and tone production.

In both classes, adults work together and individually on a variety of basic skills and musical styles that are tailored to the interests of the group.

30-minute classes meet once a week for a total of six weeks.

Group Piano meets:

Fridays12:30 – 1:00 p.m.

Group Voice meets:

Mondays12:30 – 1:00 p.m.

Diamond Reservation

Are you planning a softball tournament in 2010? If so, mark your calendars for these upcoming dates.

Returning successful tournaments may start requesting fields from December 7, 2009 to January 15, 2010.

Open registration begins January 18 at 8:00 a.m. (two dates maximum).

There is no limit on registration after February 22. For more information, contact the Department of Parks, Recreation & Culture at 427-5514.

Hip Hop Dance

Instructor: Shawnah Tibbs

Ages: 10 – 14 years old

This class is great for the beginner. Have fun learning hip hop dance moves and tricks. Wear comfortable clothing and gym shoes.

Fee is \$45 per session

Classes are held at CI Beaver Hall.

Tuesdays, from 6:00 – 6:45 p.m.

Fall Session II:

October27

November 3, 10, 17, 24

Winter Session I:

January5, 12, 19, 26

February 2

Winter Session II:

February16, 23

March 2, 9, 16

CI Beaver Hall Reservations

3696 Highmont Street

It's time to start planning your holiday party and the best decision you can make is reserving CI Beaver Hall!

This facility offers just about everything you would need for a holiday function, anniversary party, family reunion, or birthday party. We offer a caterer-approved kitchen equipped with a microwave oven, new refrigerator and stove; tables and chairs for up to 96 people; spacious parking lot; and even a playground for the kids.

CI Beaver Hall rents for \$45 an hour and is located at 3696 Highmont Street. Call 427-5514 for more information or e-mail parks@ci.beavercreek.oh.us.

Just Danz

Instructor: Shawnah Tibbs

Ages: 16 years and up

You will love this exciting class so much that you may forget you are getting a great workout! Have a blast while you dance with fun, easy-to-follow dance steps that get you movin', increase flexibility and burn calories. Each week we will try a new age of dance!

Fee is \$45 per session

Classes are held at CI Beaver Hall. Multiple sessions are available:

Tuesdays, from 5:00 – 5:45 p.m.

Fall Session II:

October27

November 3, 10, 17, 24

Winter Session I:

January5, 12, 19, 26

February 2

Winter Session II:

February16, 23

March 2, 9, 16

Tuesdays, from 6:30 – 7:15 a.m.

Fall Session II:

October27

November 3, 10, 17, 24

Winter Session I:

January5, 12, 19, 26

February 2

Winter Session II:

February16, 23

March 2, 9, 16

Thursdays, from 5:00 – 5:45 p.m.

Fall Session II:

October29

November 5, 12, 19

December 3

(Note: no class on November 26)

Winter Session I:

January7, 14, 21, 28

February 4

Winter Session II:

February18, 25

March 4, 11, 18



Yoga

Instructor: Sandy Wright

Learn the fundamental aspects of yoga such as physical posture, breathing techniques, deep relaxation, visualization, and meditation. The practice of yoga reduces stress and tension, strengthens the lungs, and increases flexibility and mobility. This class is designed for all levels of experience. Continuing sessions are available for those who have taken Beginning Yoga.

Fee is \$45 per session

All Classes are held at The Studio,
3860 Indian Ripple Rd.

Mondays

Continuing Yoga, from 6:15 – 7:15 p.m.
Beginning Yoga, from 7:30 – 8:30 p.m.

Fall Session IOct. 12 – Nov. 9

Fall Session IINov. 23 – Dec. 21

Winter Session IJan. 4 – Feb. 1

Family Yoga

Instructor: Sandy Wright

Age: 6 year olds and up

Bend, breathe and bond as a family! This class is designed to introduce kids and their families to the basics of yoga through poses, partner yoga, relaxation, and breathing. This class will give families the opportunity to spend time as a family, relax, exercise and be with each other. Kids must be accompanied by at least one adult.

Note: This class is also open to extended family members as well as caregivers.

Fee is \$55 per session, price includes two family members; ex. mom and son; mom and daughter, etc. Each additional family member is \$25.

All Classes are held at The Studio,
3860 Indian Ripple Rd.

Wednesdays, 6:00 – 6:45 p.m.

Fall Session IOct. 7 – Nov. 4

Fall Session IINov. 18 – Dec. 16

Winter Session IJan. 6 – Feb. 3

Zumba

Instructor: Sandy Wright

Zumba combines high energy and motivating music (Latin and international dance rhythms) with unique moves and combinations that allow the participants to dance away their worries and calories! It is based on the principle that a workout should be fun and easy to do. Zumba is not only great for the body, but is also great for the mind. It is a feel-happy workout; be prepared to sweat! This class is geared to all fitness levels, with modifications offered so everyone can enjoy.

During inclement weather, please bring an extra pair of shoes to change into. Wet shoes make for a very slippery dance floor.

Fee is \$45 per session

All Classes are held at The Studio,
3860 Indian Ripple Rd.

Tuesdays, from 7:00 – 8:00 p.m.

Fall Session IOct. 6 – Nov. 3

Fall Session IINov. 17 – Dec. 15

Winter Session IJan. 5 – Feb. 2

Zumba Abs

Thursdays, from 5:30 – 6:30 p.m.

Fall Session IOct. 8 – Nov. 5

Fall Session IINov. 19 – Dec. 17

Winter Session IJan. 7 – Feb. 4

Saturdays, from 9:30 – 10:30 a.m.

Fall Session IOct. 10 – Nov. 7

Fall Session IINov. 21 – Dec. 19

Winter Session IJan. 9 – Feb. 6

Pilates

Instructor: Sandy Wright

Imagine an exercise program that you look forward to, engages you, and leaves you refreshed and alert with a feeling of physical and mental well-being. Pilates is designed to do all this and more.

Developed in the 1920s by the legendary physical trainer Joseph H. Pilates, it is a popular fitness method that improves your body shape and alignment. It consists of a series of exercises that gradually tones and strengthens your core muscles and improves flexibility. This class is designed for all levels of experience.

Fee is \$45 per session

All Classes are held at The Studio,
3860 Indian Ripple Rd.

Tuesdays, from 5:45 – 6:30 p.m. (Mat)

Fall Session IOct. 6 – Nov. 3

Fall Session IINov. 17 – Dec. 15

Winter Session IJan. 5 – Feb. 2

Wednesdays, from 7:00 – 7:45 p.m. (Props)

Fall Session IOct. 7 – Nov. 4

Fall Session IINov. 18 – Dec. 16

Winter Session IJan. 6 – Feb. 3

Note with Props: Using props - such as balance balls, resistance bands, rings, and weights - is a great way to challenge your core strength during this Pilates mat class.

Parks Winter Hours

During this cold and snowy season, your Beaver Creek Parks will remain open for your pleasure. Although the paved parking lots will be plowed, The Creekside Trail will be left in its natural state for the enjoyment of cross country skiers.

Around November 1, all restroom facilities will be closed so staff can turn off water to avoid freezing pipes. Port-o-lets will also be removed around that date.

Shelter Reservations

It's not too early to plan that summer picnic! Your Beaver Creek Parks are the best place to have a party – and they are free! Shelter reservations begin January 2 – call early to get your first choice. We have three large shelters and numerous small neighborhood shelters, each with different amenities and special features.

Call 427-5514 to make your reservation today!

Try a Truck

Come out to our third annual Try-A-Truck event on October 10, from 10:00 a.m. – 1:00 p.m. at the Municipal Maintenance Facility, 789 Orchard Lane. We have a great line up in store for you – a wide variety of trucks and other vehicles will be on display for you to climb in, climb on and “try” out. This event is free and open to kids of all ages.

Tap Dance

Instructor: Terri Rightmyer-Heist

Learn to Tap Dance and get great exercise while you’re having fun!!

“Tap releases something inside...It’s an energizing skill!” quoting a dedicated tap member. Tap into your energy and learn a new skill that is so fun you don’t even realize you are exercising. Tap provides physical exercise while challenging your mind with a new skill.

The classes include warm up exercises, tap instruction and a fun dance routine that includes new steps each week. Students learn quick feet movements through choreography to different rhythms. Students should wear tap shoes or leather soled shoes that can make a soft shoe sound effect.

Fee is \$79

All Classes are held at CI Beaver Hall, 3696 Highmont Street.

Fall Session I

Thursdays / Sept. 24 – Dec. 3

Beginner Class 6:15 – 6:45 p.m.

Intermediate Class 6:45 – 7:15 p.m.

Advanced Class 7:15 – 8:00 p.m.

Swing Dance – Swing II

Instructor: Gus and Jessica Vu

This class will focus on the basics of the Lindy Hop, or 8-count, Swing. Learn a collection of Swingouts (basic Lindy steps) and variations, as well as lead-follow techniques.

Fee is \$45 per couple, or \$30 per person

All Classes are held at CI Beaver Hall, 3696 Highmont Street.

Wednesdays, from 7:30 – 8:30 p.m.

October 7, 21, 28
(no class on October 14)

Summer Adult Softball

Registration: You may register a team in person, by mail, online or by telephone. Fee must accompany registration. Payment can be made with a check, cash or credit card. Checks should be made payable to City of Beavercreek.

Letters of Intent: Teams that are being sponsored by a company may submit a letter of intent to reserve a spot in their desired league. This letter must be on the company’s letterhead, with the following information listed:

- Intended league - to include league night, time and category
- Manager’s name, address and phone number
- League fee

Full payment will be due one month prior to start of league.

Fees: League fees are due at time of registration. League fees include USSSA sanctioning.

- \$480 per team, per league
- \$495 under the lights (8:20/9:30 Leagues)
- \$455 each additional league with same team name and same roster
- \$100 deposit will hold a spot in a league with the balance due by February 26, 2010

Season: Week of May 3 through the week of August 2; (14 weeks) and the following Monday, August 9 and Tuesday August 10, 2010, due to holiday make-ups.

Registration Deadlines:

For the same league as 2009:

- December 7, 2009 to January 8, 2010

For waiting list to change leagues from 2009

- January 11 to January 15, 2010

First come, first serve, all remaining spaces

- January 18 to April 9, 2010

Monday 6:00 Men’s D	Monday 7:10 Men’s D
Monday* 8:20/9:30 Men’s D	Tuesday 6:00 Co-Ed
Tuesday 7:10 Co-Ed	Tuesday* 8:20/9:30 Men’s E
Wednesday 6:00 Co-Ed	Wednesday 7:10 Co-Ed
Thursday 6:00 Co-Ed	Thursday 7:10 Men’s Church
Thursday* 8:20/9:30 Men’s D	Friday 6:00 Men’s D
Friday 7:10 Men’s C	*Plays under the lights (\$495)

Veterans Memorial

Come join us in celebrating the Veterans in our community. There will be a ceremony on Wednesday, November 11 at 2:00 p.m. at Veterans Memorial Park on North Fairfield Road. This event is free and open to the public.



Honeydo Home Repair Class

Instructor: Scott Sergent

This class will touch on basic home repair including minor electrical, minor plumbing, drywall, painting, picture hanging, etc. Great for beginners and those that like to do things themselves. Each class is different. No experience necessary. Some hands-on materials included.

Fee is \$50

All Classes are held at CI Beaver Hall, 3696 Highmont Street.

Thursdays, from 5:00 – 6:00 p.m.

Fall Session II

October	29
November	5, 12, 19
December	3
<i>(no class on November 23)</i>	

Winter Session I

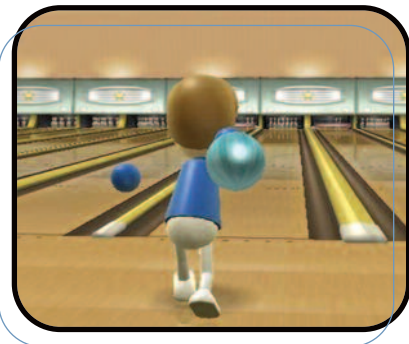
January	7, 14, 21, 28
February	4

Winter Session II

February	18, 25
March	4, 11, 18

Wii Bowling Tournament

Bring your family to the first annual Wii Bowling Tournament, sponsored by the Miami Valley Recreation Activities Council on Wednesday, November 14 from 6:00 to 8:30 p.m. The event is free; however we do ask that you register in advance with the City of Beavercreek Parks, Recreation & Culture Department. Call 427-5514 for more information and to register.



ForEverGreen

If you would like to buy a live Christmas Tree this year but not sure what to do with it after the holidays, donate it to the City of Beavercreek Department of Parks, Recreation & Culture. We will replant your tree in one of our parks. By donating a live tree, it can be enjoyed year-round by your family members and our community. The program applies only to trees with attached root ball; cut trees will not be accepted.

To recycle your live tree:

- Purchase your tree from a reputable dealer
- Follow the vendor’s instruction to keep the tree fresh and alive
- Call the Parks Department at 427-5514 to arrange for pick up

The City reserves the right to refuse any living tree, which in the opinion of the City’s landscaping staff has been mistreated, dried out, trimmed so as to inhibit growth or in any way damaged so that it will not live when replanted.

Every year millions of evergreens are purchased for the holidays and then destroyed and thrown into landfills. We want to thank you for keeping Beavercreek... *ForEverGreen*.

New Businesses in Beavercreek

(...continued from page 3)

Computer Science Corp
3725 Pentagon Blvd, Suite 150 & 200

Dr. Dan Whitmer
2510 Commons Blvd., Suite 280

Salon Ventures
2260 N. Fairfield Road, Suite H

JJR Solutions
2601 Commons Blvd., Suite 120

MDVIP
2510 Commons Blvd., Suite 280

Raymond James & Associates
50 Chestnut Street

Tianca’s Salon ‘N Spa
2344 Grange Hall Road

RTA Furniture
3310 Pentagon Blvd., Suite B

Sally Beauty Supply
3286 Pentagon Blvd., Suite H

The Wine Loft
21 Greene Blvd.

The Vineyard Church
4081 Indian Ripple Road

Dynamic Senior Solutions
3044 Dayton-Xenia Road

Halloween Express
2750 North Fairfield Road, Suite B

Beavercreek Township Fire Dept.
1655 Brook Lynn Dr
(temporary relocation during remodeling)

Razzberry Cove Unique Home Furnishings
1340 N. Fairfield Road, Suite A

Verizon Wireless Store
11 Greene Blvd.

Gallery on the Greene
73 Plum St

Halloween USA
2720 Towne Dr

ITT
3500 Pentagon Blvd., Suite 310

New Commercial Construction

Ameriprise
69 Marydale Drive

The Vineyard Church
4081 Indian Ripple Road